

LUNCH MENU

Soups

Roasted Tomato & Fennel Purée

goat cheese crostini

Malaysian Laska

*lemon grass, shrimp & coconut milk
broth*

Chilled Vichyssoise

herb croutons

Sandwiches

Canadian Lobster Crosswich

*lobster, aged Brie, prosciutto, tomato
flaky whole wheat, flax seed,
sunflower seed, croissant roll*

Smoked Salmon & Egg Salad

*capers, shaved red onion & avocado
pumpernickel bread*

Prosciutto & Pesto Panini

*tomato, nutless pesto & old white Cheddar
sour dough roll*

Shortrib Havarti Burger

*7 oz Angus rib, spiced havarti, tomato
lettuce, onion
ciabatta roll*

Albany Club House

*chicken, tomato & bacon
choice of bread*

Angus New York Steak

*horseradish & mustard mayo
white baguette*

*all sandwiches are served with coleslaw,
tomato, olives, pickle,
& your choice of potato chips, french fries,
green salad or caesar salad*

♥ Healthy Choice

LUNCH MENU

Appetizers

Chilled East Coast Seafood Salad ♥

*lobster, shrimps & smoked salmon
avocado & frisée salad*

Black Tiger Shrimp Cocktail

bloody mary cocktail sauce

Whiskey Smoked Atlantic Salmon

purple onions & capers

Northern Ontario Venison Carpaccio

chèvre noir, truffled grape seed oil & aged balsamic glaze

East Coast Oysters Platter ♥

shallot mignonette

Salads

Heritage Green Salad ♥

*organic green & red leaves, apples & candied pecan
apple cider vinegar & honey vinaigrette dressing*

Horitaki Greek Salad ♥

*lettuce, cucumber, tomato, red pepper & feta
oregano dressing*

Cobb Salad ♥

*romaine, crispy bacon, avocado, tomato
lemon dressing*

Albany Caesar ♥

eggless anchovy & garlic dressing

Choice of Protein

Grilled Atlantic Salmon

Grilled Organic Chicken Breast

7 oz Angus Strip loin Steak

Chilled or Grilled Black Tiger Shrimp

appetizers available as main course

LUNCH MENU

Lighter Fare

Seared Rare Tuna Salad ♥

*crisp romaine lettuce, potato, pickled onion
avocado, seared Ahi tuna, Dijon ginger dressing*

Cured Mallard Duck Breast

*pink peppercorn cured duck
pomegranite seeds, asparagus
organic arugula salad*

Coxinha De Galinha

*Brazilian chicken & cheese croquette
tomato, avocado, heart of palm & artichoke salad*

Entrees

Baked Salmon

Spicy Hummus & Crisp Crust

caper berry, dried cranberry & walnut chutney

Jamaican Lamb

*saffron basmati rice bowl
black bean curry*

Gluten free Fussilli & Smoked Tofu ♥

vegetables in pesto cream sauce

Free Range Egg Frittata

*asparagus, proscuitto, red pepper, brie
fries*

Steak Frites

*8 oz angus beef strip loin
Pont-Neuf fries, brandied peppercorn sauce*

Chicken & Shrimp Stir fry ♥

rice pilaf & vegetables

♥Healthy Choice