

LUNCH MENU

Soups

**Lightly Spiced Red Lentil, Parsnip
& Carrot Purée**
apple & tomato salsa

**Sherried Smoked Chicken
Consommé**
roast shitaki slivers

Chilled Vichyssoise
herb croutons

Sandwiches

Canadian Lobster Crosswich
*lobster, aged Brie, prosciutto, tomato
flaky whole wheat, flax seed,
sunflower seed, croissant roll*

Smoked Salmon & Egg Salad
*capers, shaved red onion & avocado
pumpnickel bread*

Proscuitto & Pesto Panini
*tomato, nutless pesto & Oka cheese
sour dough roll*

Shortrib Havarti Burger
*7 oz Angus rib, spiced havarti, tomato
lettuce, onion
ciabatta roll*

Albany Club House
*chicken, tomato & bacon
choice of bread*

Angus New York Steak
*horseradish & mustard mayo
white baguette*

*all sandwiches are served with coleslaw,
tomato, olives, pickle,
& your choice of potato chips, french fries,
green salad or caesar salad*

♥ Healthy Choice

LUNCH MENU

Appetizers

Chilled East Coast Seafood Salad ♥

*lobster, shrimps & smoked salmon
avocado & frisée salad*

Roasted Beet Salad & Baby Arugula Salad ♥

*toasted pecans & Ontario goat cheese
honey Dijon vinaigrette*

Crispy Nova Scotia Lobster & Arctic Crab Cakes

*baby greens & marinated artichoke
tomato marmalade & lemon aioli*

Crantini Smoked Atlantic Salmon

*vodka & cranberry flavored cold smoked salmon
purple onions & capers*

Alberta Bison Carpaccio

Stilton, truffle oil & Modena Balsamic syrup

Jumbo Shrimp Cocktail

bloody mary cocktail sauce

appetizers available as main course

Salads

Resolution Salad ♥

*baby arugula & goat cheese
cranberry & basil vinaigrette*

Horitaki Greek Salad ♥

*lettuce, cucumber, tomato, olives & feta
oregano dressing*

Cobb Salad ♥

*romaine, crispy bacon, avocado, tomato
herb lemon dressing*

Albany Caesar ♥

romaine, eggless anchovy & garlic dressing

Choice of Protein

*Hot Grilled or Cold Poached Salmon
Grilled Organic Chicken Breast
7 oz Angus Beef Strip Loin
Chilled or Grilled Black Tiger Shrimp*

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Entrees

Angus Beef, Caramelized Onion & Guinness Pie

tossed green salad

Floribbean Hake Filet ♥

(Florida & Caribbean flavors)

saffron rice & vegetables

red pepper-papaya jam

Provimi Veal Scallopini Picatta

lemon, caper & parsley sauce

Chicken Tikka Curry Bowl

basmati rice pilaf, peach & black raisin chutney

Steak Frites

8 oz angus beef strip loin

Pont-Neuf fries, peppercorn sauce

Gluten Free Corn Fussilli

shrimp, chicken & asparagus

white wine, olive oil & garlic sauce

Chicken & Shrimp Stir fry ♥

rice pilaf & vegetables

♥ **Healthy Choice**